



EHA NEWS

Enfield Housing Authority Moderate Rental Newsletter

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Welcome Fall!

With mowing season behind us, it's time to turn our attention to the falling leaves. Residents can choose to use their brown tipper barrels or purchase leaf bags for leaf collection. For more information on leaf collection, please refer to the Town of Enfield's website.



Fire Hazards

- Over time, lint and dust can accumulate in dryer vents, creating a potential fire hazard. Regular cleaning of these vents helps reduce the risk and keeps your home safer.
- All items stored in the basement or utility room should be kept at least three feet away from the heating unit to ensure safety.

Please remember that smoke detectors in your unit must remain active at all times. While they are inspected annually, it is your responsibility to report any malfunction immediately—day or night—to ensure everyone's safety.

"Autumn is a second spring when every leaf is a flower"

-Albert Camus

Slow Cooker Pepper Steak

Ingredients

- 1-1/2 pounds beef top round steak
- 2 tablespoons canola oil
- 1 cup chopped onion
- 1/4 cup reduced-sodium soy sauce
- 1 garlic clove, minced
- 1 teaspoon sugar
- 1/2 teaspoon salt
- 1/4 teaspoon ground ginger
- 1/4 teaspoon pepper
- 4 medium tomatoes, cut into wedges or 1 can (14-1/2 ounces) diced tomatoes, undrained
- 1 large green pepper, cut into strips
- 1 tablespoon cornstarch
- 1/2 cup cold water
- Hot cooked noodles or rice

Directions

Cut beef into 3x1-in. strips. In a large skillet, brown beef in oil.

Transfer to a 3-qt. slow cooker. Combine the onion, soy sauce, garlic, sugar, salt, ginger and pepper; pour over beef.

Cover and cook on low until meat is tender, for 5-6 hours.

Add tomatoes and green pepper; cook on low until vegetables are tender, about 1 hour longer.

Combine cornstarch and cold water until smooth; gradually stir into slow cooker.

Cover and cook on high until thickened, 20-30 minutes. Serve with noodles or rice.





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Tips to Keep Your Holiday Lighting Safe and Enjoyable

- Extension cords and electrical cables must not be run through windows, doorways, or walls, as this poses a serious electrical hazard and violates lease terms.
- Only outdoor-rated extension cords and plugs should be used outside. Using indoor-rated cords outdoors increases the risk of fire and electric shock.
- All electrical devices should be plugged into a ground fault circuit interrupter (GFCI) outlet for added protection.
- Do not attach lights or decorations to the exterior of the building using nails, screws, or any method that could damage the unit.

Power Strip Safety Guidelines

To ensure safe use of power strips and prevent electrical hazards, please follow these important tips:

- Use power strips equipped with an internal circuit breaker that will trip if overloaded, helping to prevent overheating and fire risks.
- Power strip cords should not exceed 6 feet in length.
- Power strips are designed for low-power devices such as computers, printers, and clocks. Do not use them for high-energy appliances, which can overload the circuit and pose a fire hazard. These items must be plugged directly into a dedicated wall outlet.
- Power strips are intended for temporary use and should be unplugged when not in use.
- If a power strip feels hot to the touch, unplug it immediately from the wall outlet.
- Never connect one power strip to another ("daisy chaining").
- Replace any cords that show signs of damage, such as cracks, cuts, or frayed insulation.
- Power cords should never be nailed, stapled, or taped to any surface, including desks, walls, ceilings, or baseboards.
- Do not run extension cords through walls, doorways, under carpets, or across ceilings or floors. Covered cords can trap heat and become a fire hazard.
- Ensure your power strip has been tested and certified by a recognized safety organization such as **Underwriters Laboratories (UL)** or **Electrical Testing Laboratories (ETL)**.



For More Information Scan the QR Code
or Visit Us at www.enfieldha.org



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